

November 2026

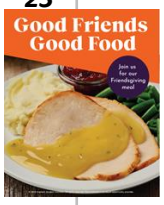
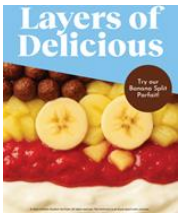
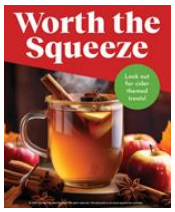
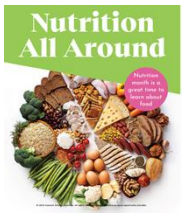
Cascade High School

MENU

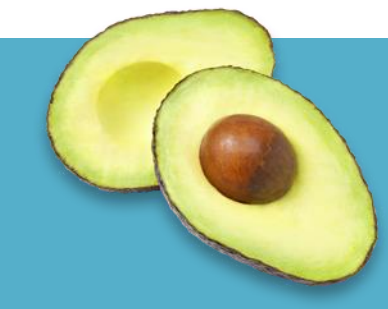
Daily Offering:
PBJ Uncrustable Sandwich, Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Cheeseburger, Deli Sub Sandwich, Fresh Salads, Homemade Pepperoni & Cheese Pizza, Nacho Bar

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Powering potential.

MON	TUES	WED	THURS	FRI
2 **BRK:** HAM & CHEESE ENGLISH MUFFIN, CINNAMON BREAKFAST BUN **LUNCH:** PIZZA WAFFALACO Golden Corn, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	**3** **BRK:** SAUSAGE BREAKFAST PIZZA, APPLE FRUDEL **LUNCH:** FRENCH TOAST STICKS W/ SAUSAGE PATTIES Tater Tots, Celery Sticks, Fresh Banana, Pears, Orange Juice	**4** **BRK:** CHEESY EGG CROISSANT, MINI CINNI **LUNCH:** CHICKEN ALFREDO WITH PENNE PASTA & GARLIC TOAST Seasoned Green Beans, Romaine Salad, Fresh Apple Wedges, Peaches, Grape Juice	**5** **BRK:** SAUSAGE PANCAKE WRAP, CHOCOLATE CRESCENT **LUNCH:** TURKEY BARBACOA SOFT TACOS W/ CORN & PICO SALAD & CILANTRO RICE Seasoned Refried Beans, Red Peppers, Applesauce, Raisins, Apple Juice	**6** **BRK:** BOSCO STICK, CINNAMON CHIP GLAZED SCONE **LUNCH:** TATER TOT BEEF NACHOS with ROLL Vege Blend, Romaine Salad, Fresh Orange, Pineapple Tidbits, Fruit Juice
9 BRK: SAUSAGE BREAKFAST PIZZA, MINI STRAWBERRY BAGEL **LUNCH:** BUFFALO CHEESE PIZZA STICKS Baked Beans, Fresh Baby Carrots, Mixed Fruit , Blueberries, Fruit Juice	**10** **BRK:** SAUSAGE & CHEESE BISCUIT, CHOCOLATE DONUT HOLES **LUNCH:** BBQ Chicken Pizza French Fries, Cucumber Slices, Fresh Banana, Pears, Apple Juice	**11** **BRK:** CHEESY EGG ENGLISH MUFFIN, APPLE FRUDEL **LUNCH:** 3 CHEESE MACARONI & CHEESE Seasoned Green Beans, Red Peppers, Fresh Apple Wedges, Peaches, Grape Juice	**12** **BRK:** BACON, EGG & CHEESE BREAKFAST BURRITO, WAFFLES **LUNCH:** COUNRTY POPCORN CHICKEN BOWL with ROLL Golden Corn, Romaine Salad, Applesauce, Raisins, Orange Juice	**13** **BRK:** HAM, EGG & CHEESE BAGEL, CINNAMON SUGAR DONUT **LUNCH:** CHILI ORANGE GLAZED POPCORN CHICKEN & RICE Roasted Carrots, Celery Sticks, Fresh Orange, Pineapple Tidbits, Fruit Juice
16 BRK: EGG & CHEESE CROISSANT, MINI STRAWBERRY PANCAKE PUFFS **LUNCH:** BBQ PORK SANDWICH Baked Beans, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	**17** **BRK:** BACON, EGG & CHEESE BREAKFAST BURRITO, FRENCH TOAST STICKS **LUNCH:** TURKEY & NOODLES W/ HAWAIIAN ROLL Mashed Potatoes, Green Beans, Grape Tomatoes, Fresh Banana, Pears, Apple Juice, Pumpkin Pudding	**18** **BRK:** SAUSAGE BREAKFAST PIZZA, MINI CINNI **LUNCH:** MINI PANCAKES WITH CHEESE OMELET Tater tots, Romaine Salad, Peaches, Fresh Apple Wedges, Orange Juice	**19** **BRK:** SAUSAGE & CHEESE ENGLISH MUFFIN, CHOCOLATE CRESCENT **LUNCH:** HONEY STUNG POPCORN CHICKEN with CHILI CHEESE FLATBREAD Roasted Baby Carrots, Celery Sticks, Applesauce, Raisins, Grape Juice	**20** **BRK:** SAUSAGE PANCAKE WRAP, CINN BREAKFAST BUN **LUNCH:** BUFFALO POPCORN CHICKEN MAC & CHEESE ,Romaine Salad, Fresh Orange, Pineapple Tidbits, Fruit Juice
23 	**24**			**27**
30 **BRK:** SAUSAGE PANCAKE WRAP, APPLE FRUDEL **LUNCH:** CHICKEN QUESADILLA Rainbow Blend Veges, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice				

Menus are subject to change.



Specialty Grill Option:
Monday: Chicken Tenders w Breadstick
Tuesday: Grilled Cheese
Wednesday: Ham & Cheese Croissant Melt
Thursday: Bosco Sticks
Friday: Corn Dog

aramark STUDENT NUTRITION

This institution is an equal opportunity provider.